# PREPARE FOR YOUR LIFE YET TO LIVE







#### WHO WE ARE

## PLAN FOR THE END SO YOU CAN TRULY BEGIN

Founded by Jennifer McConnell in November 2022, Living Legacy was created to help you take charge to build and live your legacy.

Whether that be for your business to future proof its mission for the long-term benefit of its stakeholders, right through to helping you as an individual get your end of life plans in place - planning for your work and life beyond you helps pave the path for those that follow.

Success is in how your legacy lives on. Planning ahead is a great act of love for those to honour your wishes.

Based in Ireland, we support organisations and individuals throughout the world both onsite and remotely.

Now is the time for you to plan, build and live your Legacy. We are here to help.

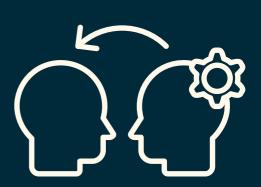
# WHAT WE DO





**Legacy Building** 





Life & Legacy Coaching

**Succession Planning** 



End of Life Planning Facilitation

**Community Support** 





#### **COACHING & MENTORING**



Supporting individuals to get clear on their vision for their future helps overcome blocks and challenges to progress - whether for personal or professional fulfilment.

At Living Legacy, we work with individuals and teams to help bring cohesion and purpose to their values in life and work.



"I found my coaching sessions with Jennifer extremely beneficial. From the very first session, she asked me questions that really made me think deeply about what I wanted in life.

She gave me exercises to complete between sessions which helped me first of all, figure out my true goals, and then helped me to work towards them. Since working with Jennifer, I have a much clearer direction and I am no longer settling for anything less than my ideal."



#### **FUTURE PROOF YOUR MISSION**

We offer bespoke options to suit your business needs. Whether a snapshot succession mapping, strategic reviewing and employee engagement, through to values and culture refresh, we support your team and organisation in determining how your mission and vision will continue for the longterm benefit of all your stakeholders.

Working with all types of organisations -

LIVING LEGACY



"Jennifer and Living Legacy's work identified and captured our organisation and teams needs at this critical stage in our organisations growth. Through personable and dedicated work she has managed to create a strong focus on the values that drive the work at The Urban Co-op -Community, Trust and Sustainability."

Anne Maher (Managing Director)

livinglegacy.ie

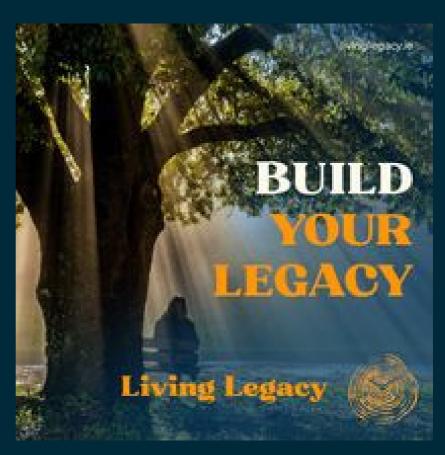


from family business right through to non-profit and corporate enterprise. We support you and your team to align the organisation's mission, culture and people to the long-term strategic vision, to ensure business continuity and long-term planning is in place.



# LEGACY BUILDING

Bringing a fresh perspective in supporting you to consider the legacy you want to leave. Whether you are preparing your business for your departure and the succession of your key people, through



to supporting you to prepare your end of life plans, at Living Legacy, we support you to get your personal and professional legacy in place and create space to consider your legacy yet to create.

To Leave a Legacy You Must First Live It



#### END OF LIFE PLANNING

When considering our life ending, often we hesitate to truly engage with honouring a life well lived. There is so much life yet to live, we often put on hold dealing with the inevitable. Preparing for the 'what ifs' and 'when' of death and dying can be difficult to get our head around all that is involved to prepare.



At Living Legacy, we help you get your end of life plans in place - from one-to-one support, through to helping your family collectively support each other - this can often be a difficult aspect of our living to prepare, so we make sure to ease your fears, help you be informed, and support you as you make the best decisions for you and your loved ones to benefit. Planning ahead is an act of love for those that are left to honour your wishes and continue your legacy.

Plan for a Good Death, to Live a Good Life

#### MEET OUR FOUNDER



#### JENNIFER MCCONNELL





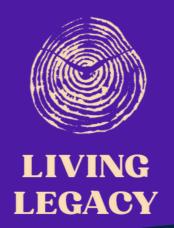
"Jennifer is an exceptional coach and mentor.
Going above and beyond in providing resources, tools, and actionable advice, her guidance has been instrumental in helping me overcome obstacles and achieve my goals as an entrepreneur.

I am very thankful to have come across her in my career. " With a background in business, and anthropology, and a career spanning across 25 years in human resource management, and business leadership, I am passionate to help others to get their plans in place for the 'what ifs' and enjoy their life for now and the future. Curious about the world, and driven to explore I have had the privilege to live and learn from others around the world. I am an accredited executive and life coach, certified end of life planning facilitator, as well as a social researcher. I have enjoyed many adventures, and experienced a few knocks along the way, which inspired me to create Living Legacy.

I look forward to working with

truly begin to live.

you to plan for the end so you can



Contact Us:



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https://livinglegacy.ie/

Connect with us:

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# PLAN, BUILD & LIVE YOUR LEGACY